



ARC SPORTZONE

Theme Based Restaurants







ARC SPORTZONE Theme Based Restaurants



GARDEN DELIGHTS - SALADS

RUSSIAN SALAD	Rs 140
Diced vegetable, potato & apple in mayonnaise sauce	
GOALPOST SALAD	Rs140
A combination of bean sprouts, green leaves, olives & cher	ry
tomatoes served with a garlic flavored yoghurt dressing	
CHEESE CHERRY PINEAPPLE STICKS	Rs 170
Cubes of cheese, cherry & pineapple skewered and served	on a bed
of crushed ice	
GARDEN GREEN SALAD	Rs 120
Garden fresh vegetables served with lemon wedges	
ALOO CHATPATWALI	Rs 140
Boiled potatoes mixed with tamarind, mint chutney & garni	shed
with Indian savories	
KIMCHI PINEAPPLE SALAD	Rs.140
Roasted noodles and julienned vegetables served with pine	apple
TOSSED SALAD	Rs140
Cubes of tomato, onion, cumber, carrot minced in bell pep	per
CASHEW NUT FRY	RS 150
Roasted cashew nut tossed with chat masala	
MASALA PEANUT / PLAIN PEANUT	RS 120
Peanut fried & tossed with chopped tomato, onion, green c	hilli &
coriander leaf	
MASALA PAPAD / ROASTED PAPAD RS	120/60
Chopped onion, tomato, green chilli with coriander leaves on homemade papad	served

FROM THE SOUP TUREEN (VEG)

CREAMY DELIGHTS	Rs 120/150
Tomato / Vegetable	
MINESTRONE SOUP	Rs 130
Garlic & tomato based soup with cheese & past	a
SWEET CORN SOUP	Rs 130
A thick, creamy sweet corn soup with chopped	vegetables
HOT & SOUR SOUP	Rs 130
Spicy and sour soup with a choice of vegetable served with fried	
noodles	
MANCHOW SOUP	Rs 130
Garlic flavoured spicy soup, served with vegeta	ıbles & fried
noodles	
JADE SOUP	RS 130
Ground spinach served with fresh cream	
TOM YUM SOUP	RS 130
Julienned vegetables served with tomato, bell p	epper & lemon
arass	











LEMON CORIANDER SOUP	RS 130
A delicately balanced soup prepared with grated coriander	paste
and black pepper	
CREAM OF MUSHROOM SOUP	RS 130
Well balanced and thick soup made with chopped mushroo fresh cream	m ana
FROM THE SOUP TUREEN (Non Veg)	
CHICKEN CLEAR SOUP	RS 140
Boiled fresh chicken with chopped spring onion	
MANCHOW CHIC SOUP	RS 140
Chopped vegetables and boiled chicken in soya sauce	DC 140
HOT & SOUR CHICKEN Julienned vegetables with chicken and bell pepper	RS 140
CREAM OF CHICKEN	RS 140
Diced pieces of fresh chicken with fresh cream	
TOM YUM CHICKEN	RS 140
Julienned vegetables & diced chicken served with tomato, b	ell
pepper & lemon grass	
LEMON CORIANDER SOUP	RS 140
A delicately balanced soup prepared with grated coriander chicken and black pepper	paste,
SWEET CORN CHICKEN	RS 140
A thick, creamy soup made with sweet corn, boiled chicken	and egg
white	
All the above soups are served with Bread Sticks	
CHINESE STARTERS (Veg)	D 405
SESAME FRIED BABYCORN Battered & deep fried baby corn tossed with chilli & sesame	Rs 185
CRISPY CORN PANEER N' CHILLI	Rs 185
Batter fried paneer tossed with bell pepper in chilli sauce	
PANEER MANCHURIAN	RS 185
Battered paneer fried in soya & Manchurian sauce	
PANEER 65	RS 185
Diamond cut paneer battered with cashew nut powder & re	d chilli
sauce PANEER SATAY	RS 180
Julienned onions and paneer fried with red chilli sauce & w	
cashew nut	
AMERICAN CORN CHILLY	RS 185
Roasted corn with bell pepper & chilli flakes	
	RS 185
Battered and fried mixed veg tossed with honey & sesame FRIED COCONUT BABY CORN	Rs 185
Strips of baby corn crumb fried in coconut mixture & served	
flavorsome dipping sauce	

.....

















Shredded chicken with green onion, red pepper, chilli flakes & garlic blended and deep fried

DRAGON CHICKEN **Rs 240** Chicken coated with spicy peanut butter & tossed in basil sauce **CRUNCHY CHICKEN LOLLIPOP Rs 240** Winglets of chicken fried in special Thai spices **CRISPY WINGLET CHICKEN Rs 240** Batter fried chicken wings tossed with peanut butter & basil sauce **DRUMS OF HEAVEN Rs 240** Batter fried chicken legs sautéed in spicy, sour, hot & tangy tickling Schezwan sauce. CHILLI CHICKEN **Rs 240** Batter fried chicken brilliantly tossed & fried in soya sauce, chopped green chilli & ginger

CHICKEN SAUTE Tawa fried chicken fingers tossed with chopped ginger, soya & flavored sauce

Rs 240

GINGER / GARLIC CHICKEN	Rs 240	/
Shredded & batter fried chicken tossed & fried with soya sau	ice,	
chopped green chilli & ginger/garlic		4
CHICKEN MANCHURIAN	RS 240	6
Chicken battered & tossed with Manchurian sauce, chopped	l onion,	
capsicum and green chilli, fried with spicy red chilli sauce &	tossed	Se.
with black pepper		-
HONEY CRISPY CHICKEN	RS 260	_
Chicken battered & fried, tossed in red chilli sauce with a to	uch of	
honey		
LEMON CHICKEN	RS 240	
Slices of batter fried chicken, tossed with fresh sliced lemon		_
FANTHU LEG	RS 270	
Batter fried chicken brilliantly tossed & fried with soya sauce	,	
chopped green chilly & ginger		
CAPSICO CHICKEN	RS 270	5
Chicken legs fried with bell peppers in red chilli sauce		\geq
SALT & PEPPER CHICKEN	RS 240	1
Battered & fried chicken tossed with black pepper & salt		
CHICKEN 65	RS 240	1
Chicken battered with traditional Indian masala paste, deep	o fried &	1
served with pudina chutney		
CHICKEN MOMOS FRIED/STEAMED	RS 200	
Chicken dumplings stuffed with onion, cabbage, French bec	ins &	
capsicum		
CHILLY LAMB	RS 350	
Batter fried lamb tossed & fried with soya sauce, chopped g	reen	-
chilli & ginger	B 050	
	Rs 350	-
Shredded lamb, sweet & spicy, tossed with chilli flakes and r	ed chilli	-
sauce	BC 050	
LAMB GARLIC	RS 350	the state
Batter fried lamb tossed & fried in soya sauce with chopped	green	
chilly & garlic	RS 350	1
LAMB 65		1
Lamb battered with traditional Indian masala paste & deep	tried,	ž.
served with pudina chutney SCHEZWAN LAMB	RS 350	
		2
Strips of lamb tossed in spicy, sour, hot & tongue tickling Sch		
sauce SALT & PEPPER LAMB	RS 350	
	K3 330	1
Batter fried lamb tossed with black pepper & salt CHILLY PRAWNS	RS 395	4
		1
Batter fried prawns brilliantly tossed & fried with soya sauce chopped green chilli & ginger	/	1



-









鳳

12

周

Street St.	BUTTERFLY SESAME PRAWNS	Rs 395
	Flattened prawns with sesame seeds marinated in Chinese	e spices &
	deep fried	
	PRAWNS 65	RS 395
	Prawns battered with traditional Indian masala paste & de	
A.	served with pudina chutney	
	SALT & PEPPER PRAWNS	RS 395
1 Acres	Battered & fried prawns tossed with black pepper & salt	
	GOLDEN FRIED PRAWNS	RS 395
	Tender prawns fried in Chinese spices and served with gar	
	CHILLY FISH/ FISH 65	RS 270
	Fish battered with Indian traditional masala paste & deep	
	served with pudina chutney battered fried egg tossed with	
		DIGCK
	pepper EGG CHILLY / 65 / SALT & PEPPER	RS 160
	Batter fried egg tossed & fried with soya sauce, chopped g	
	and ginger / battered fried egg tossed with black pepper T	
		anaoon
T	Starters (Veg) Paneer Tikka	Rs 240
CONTRACTOR OF	Cubes of cut vegetables & paneer marinated in tandoor sp	
S	masalas	lices &
		RS 200
	Chopped mixed vegetable marinated in tandoor spices & r	Mr
	PANEER HARYALI / MALAI TIKKA	RS 240
-	Cubes of cut vegetables & paneer marinated in mint spice	
	masala	s or mana
		RS 200
1		
	Cubes of cut vegetables & mushrooms marinated in tando & masala	or spices
		RS 200
c.A.	Mushrooms marinated in tandoori masala stuffed with veg	
1.1	ACHARI BABY CORN	RS 200
	Baby corn marinated in mango pickle masalas and spices	K3 200
	SESAME BABY CORN	RS 200
100	Baby corn marinated in spicy cashew nut masala with seso	
	TANDOOR FRUIT CHAT	RS 220
	Cut vegetables & fruits marinated in masala and spices	R5 220
985 -	SAFRONI ALOO TIKKA	RS 240
	Baby potato marinated in saffron and tandoor masala	KJ 240
	buby polato manalea in samon ana landoor masala	
a hanne	TANDOOR STARTERS (Non Veg)	
Star Star		240/420
	The "King of Kebab" is the best known Indian delicacy & to	
\$ \$	to barbeque chicken	
No. of Concession, Name		

BHATTI DA MURGH TIKKA (TANDOOR PLATTER) Rs 240 The most popular of the incomparable "Tandoori Murgh" makes great cocktail snacks



MURGH MALAI KEBAB	Rs 250
Tender cubes of chicken marinated in cashew nut o	
	Rs 250
Boneless chicken marinated in cheese, cream, gree	en chill paste &
flavored with cardamom	B- 020
	Rs 230
Tender chicken marinated in tandoor spices & mas	
	RS 240
Tender chicken legs marinated in rich Mughlai mas	sala, saffron &
grilled on charcoal	
	RS 250
Chicken legs marinated with cashew nut and India	
	RS 240/270/295
Marinated in tandoor spices & masala	
	RS 240
Tender chicken marinated in chopped garlic & cash	
	RS 240
Juicy chicken marinated in tandoor spices and che	
	RS 240
Juicy chicken marinated in mint chutney & spicy me	
	RS 350
Chopped keema gosht marinated in tandoori spice	
	RS 330
Juicy fish marinated in mint chutney with spicy mas	
	RS 330
Juicy fish marinated in mustard powder with a touc	ch of spicy
tandoor masala	RS 330
FISH PHASTHUNI	
Fresh fish marinated in spicy tandoor masala with	gratea poppy
seeds	RS 330
FISH SAFRONI TIKKA	
Boneless fish marinated in rich Mughlai masala, so	annon, curas &
grilled on charcoal TANDOOR POMFRET	DC 400
	RS 420
A well-known Indian delicacy and a tasty way to be	arbeque romfref

SOUTH INDIAN STARTERS

250/320/350
230/ 300/320
220/300/320
240
220
320
260/260





















INDIAN GRAVY - AAPKI PASAND SE (VEG)	
PANEER MAKHANI	Rs 200
Chunks of cottage cheese cooked in rich makhani gravy	
PANEER METHI CHAMAN	Rs 200
Fried pieces of cottage cheese combined with fenugreek lea	aves &
spicy tomato gravy	
PANEER CHUTNEYWALI	Rs 200
Mouthwatering combinations of cottage cheese, coriander,	mint &
pepper with traditional spicy Indian gravy PANEER NAWABIDAR	Rs 200
Cottage cheese tikka cooked with rich Nawabi style gravy	K3 200
RASELEDAR PANEER PASANDA	Rs 240
Stuffed cottage cheese cooked in rich cashew nut gravy infu	
saffron	
PANEER TIKKA MASALA	Rs 200
Cubes of paneer cooked in yellow gravy & spices	
PALAK PANEER	Rs 200
Cubes of cottage cheese cooked with spinach puree	
SUBZI HANDI DIWANESY	Rs 185
Mixed boiled vegetables & palak cooked in rich tomato gra	vy
ASMANI TAWA SUBZI	Rs 185
Fresh vegetables simmered with pounded spices	
KADAI VEGETABLE	Rs 185
Assorted vegetables cooked in authentic Indian kadai masc	
MAKAI SIMLA MIRCH MASALA	Rs 185
Combination of corn & capsicum cooked in onion & tomate	
DUM ALOO BHOJPURI	Rs 185
Potatoes stuffed with paneer, mingled in rich masaledar on tomato gravy	ion and
DUM ALOO HYDERABADI	Rs 185
Potatoes stuffed with paneer cooked in Indian kadai masale chopped mint	a with
BANARASI MALAI KOFTA / PANEER	Rs 220
Kofta made of potato or cottage cheese, cooked in rich cas	hew nut
gravy	
BHINDI DO PYAZA	Rs 185
Okra cooked with onion & tomato masala	
KASHMIRI NAVARATNA KORMA	Rs 220
Fresh vegetables, nuts and raisins cooked in rich creamy ca gravy	shew nut
KAJU MASALA	Rs 220
Kaju cooked in rich cashew gravy	
PANEER MAKKAI MUTTER	Rs 200
Cubes of paneer, corn & peas cooked in rich saffron gravy	
METHI MALAI MUTTER	Rs 200
Green peas simmered in fenugreek leaves enriched with fro	esh
cream	

KADAI MUSHROOM	RS 200	
Button mushrooms cooked in authentic kadai masala		
MUSHROOM MASALA	RS 200	
Button mushrooms cooked in yellow gravy		
VEG HYDERABADI	RS 200	
Boiled vegetables cooked in spicy gravy, mint chutney and s	pinach	
VEG PESHAWARI	RS 200	
Vegetables cooked with peanut, cashew nut & yellow gravy		
TADKEWALI DAL	Rs 180	
Yellow lentils tempered with assorted spices		
DAL MAKHANI	Rs 190	
A perfect blend of rajma & black dal simmered overnight or tandoor	1	
AAP KI DAL PASAND SE	Rs 200	
Yellow lentil tempered with assorted spices palak & methi		
INDIAN GRAVY (NON VEG)		
AMRITSARI MURGH MAKHANI	Rs 250	
All-time favorite special traditional butter chicken gravy		
MURGH ANGARAY	Rs 250	
Succulent pieces of chicken in Indian spices & herbs, cooked tomato & Mogul based gravy	d in	
MURGH KURCHAN	Rs 250	
Slices of chicken stir fried with capsicum, garnished with cor fresh ginger & cooked in rich makhani gravy	iander,	
MURGH METHI CHAMAIN	Rs 250	
A delicate combination of boneless chicken with fresh fenug	greek	
leaves, finished with rich brown gravy		
MURGH KADAI	Rs 250	
A Lahore specialty made with tender chicken pieces cooked	d in	
brown gravy	D- 050	
	Rs 250	
Boneless chicken & egg cooked with almonds with rich cash gravy	ew nut	
TANGDI HARIYALI MASALA	Rs 250	
Chicken legs delicately flavored with fresh green masala		
MUGHLAI MURGH	RS 250	
Boiled chicken cooked in cashew nut gravy and egg		
SPINACH MURGH	RS 250	
Juicy chicken boiled with spinach and made into an amazin	g gravy	
BUTTER CHICKEN	RS 250	
Tandoor chicken cooked in rich tomato and cashew nut grav	vy	
PATIALA MURGH	RS 270	
Egg stuffed with chicken and onion, tomato gravy		
MURGH HYDERABADI	RS 270	
Boiled chicken cooked in India spicy gravy with mint chutne	y &	
spinach		











Ċ. 









15

MURGH BHARTA	RS 250
Keema chicken mixed with egg & cooked in yellow, white	gravy
MURGH PUNJABI	RS 250
Chicken cooked in onion tomato gravy with Punjabi spice	S
MURGH TIKKA MASALA	RS 250
Tandoor chicken cooked in yellow gravy & India spices	
PEPPER CHICKEN MASALA	RS 250
Chicken cooked in yellow gravy & pepper powder	
Gosht HANDI	Rs 340
Lamb cubes stirred in assorted Indian spices with makhan	i gravy
GOSHT SHAI QORMA	Rs 340
Lamb cooked in Indian spicy masalas with saffron infused	milk &
Mughlai gravy	
KHADE MASALA KA GHOSHT	Rs 340
Lamb meat cooked in handi on low flame with rich marir	nation of
Khadi masalas.	
MUTTON ROGAN GOSHT	RS 340
Gosht cooked in Kashmiri chilli with homemade garam m	asala
GOSHT SAGWALA	RS 340
Gosht cooked in spinach paste gravy	
DHAI GHOSHT	Rs 340
Gosht marinated & cooked in yellow gravy with curds	
GOSHT LAL MAS	RS 340
Gosht tossed in yellow gravy with badege chilli	
KADAI GOSHT	RS 340
A Lahore specialty, gosht cooked in rich yellow gravy	
METHI GOSHT	RS 340
Gosht cooked in fresh methi & yellow gravy	
BHUNA GOSHT	RS 340
Gosht cooked in fried onion & yellow gravy	
GOSHT PEPPER MASALA	RS 340
Gosht cooked in onion gravy with pepper powder	

LAZZAT-E-BASMATHI - PEARLS OF THE KITCHEN

MACCHI DUM BIRYANI	Rs 270
The king of rice "Basmati" cooked with fish cubes & flavored	d with
mint, coriander & saffron served in an earthen ware pot	
DUM PRAWN BIRYANI	Rs 295
The king of rice "Basmati" cooked with prawns & flavored w	vith mint,
coriander & saffron served in an earthen ware pot	
MURGH DUM BIRYANI	Rs 245
Chicken pieces cooked on Basmati rice and served in an ea	rthen
ware pot	
GOSHT DUM BIRYANI	Rs 340
Fragrance of mutton prepared in the traditional dum way se	erved in
an earthen ware pot	

SUBZI DUM BIRYANI

Rs 170

Dum biryani prepared with vegetable fingers served in an earthen ware pot

FROM THE ORIENT

CHINESE GRAVY (VEG & NON VEG)			
sauce served with crispy noodles			
Sliced choice of veg / chicken / meat / seafood to	ossed with Chinese		
CHINESE CHOPSUEY Rs 1	60/180/200/210		
and garlic flavored gravy served with crispy nood	les		
Shredded choice of veg / chicken / meat / seafoo	od tossed in tomato		
AMERICAN CHOPSUEY Rs 1	60/180/200/210		
sauce			
Shredded choice of veg / chicken / meat / prawn	tossed in a mild		
CHOW MEIN Rs	160/180/200/210		
prawn seafood			
Noodles tossed with a peanut basil sauce, choice	of veg / chicken /		
DAI ZANG NOODLES	Rs 160/180/200		
soya sauce			
Shredded choice of veg / chicken / mixed and ric	e tossed with a		
HAKKA NOODLES	Rs 180/210/240		
Schezwan sauce			
Chopped choice of veg / chicken / prawn and ric	e tossed with		
SZECHWAN FRIED RICE	Rs 160/180/200		
flavored sauce			
Chopped choice of veg / chicken / prawn tos	sed with ginger		
GINGER FRIED RICE	Rs 160/180/220		
Rice tossed with boiled vegetables & egg			
EGG FRIED RICE	RS 160		
soya sauce			
Chopped choice of veg / chicken / mixed and	rice tossed with		
FRIED RICE	RS 170/200/230		
Basmathi rice cooked with dry & fresh fruits			
KASHMIRI PULAO	RS 170		
STEAMED RICE	RS 70		
JEERA RICE / PALAK RICE / DAL KICHIDI	RS 100/120/130		
RICE & NOODLES			

MANCHURIAN GRAVY RS 180/190/190/190/210 Gobi / Paneer / Mushroom / Baby Corn / Chicken **CHILLY GRAVY**

Rs 180/190/190/190/200 Gobi Paneer / Mushroom / Baby Corn / Chicken **SCHEZWAN GRAVY PANEER/CHICKEN HUNAN CHICKEN**

RS 170/180 **RS 200 RS 200**











and the second second	LEMON CHICKEN	RS 200
	GARLIC / GINGER CHICKEN	RS 200 / 200
and the second second	INDIAN BREADS	
A sector of the sector of the	ROTI	Rs 35
	Methi / Garlic / Butter / Cheese & Chilly / Lecha	Rs 40/45
	STUFFED VEG / ALOO PARATHA	Rs 55
	NAN / KULCHA	RS 40/45
	CHEESE NAAN	RS 55
	GARLIC NAAN / BUTTER NAAN	Rs 45/50
	STUFFED VEG KULCHA / ALOO KULCHA	Rs 55/55
	ONION KULCHA / BUTTER KULCHA	Rs 40/45
	ROOMALI ROTI	Rs 45
	ACCOMPANIMENTS	
	CURD	Rs 40
	CURD RICE	Rs 75
	MIXED VEG RAITHA / BOONDI RAITHA	Rs 55
	SWEET DREAMS ARE MADE OF THESE - DESSERTS	
Haller Contractory	GOALPOST KA BANANA (BANANA SPLIT)	Rs180
	Banana halves served with vanilla, strawberry & choco	olate ice
1/2	cream topped with nuts & chocolate sauce	
	STUFFED LYCHEES	Rs170
	Lychees stuffed with chopped fruits and served with ch	noice of ice
	cream ANANASI DILRUBA	Rs 170
A Contract of the second s	Scooped pineapple served with fruits, ice cream and a flakes	liocolule
		Rs 200
AL.	Delightful combination of gajar halwa & jamoon topp	
	ice cream and grated with coconut & walnuts	
	MANGO PISTACHIO KULFI	Rs 170
	Homemade ice cream with mangoes, saffron and pist	
	FALOODA	Rs 170
The second	Served with ice cream	
	Served with ice crediti	
	WET YOUR LIPS – BEVERAGES	
	COOL DOWN	
In the second	FRESH JUICES (SEASONAL)	Rs 140
and the second	Choice of pineapple, mango, watermelon & sweet lin	
	- choice of pineupple, mungo, watermeton a sweet in	

FLOATING ICE LAND



CHOICE OF MILK SHAKES WITH PREMIUM ICE CREAM Rs 170 Pista, Butter Scotch, Fig-O- Honey, Vanilla, Strawberry, Mango, Chocolate

Coffee ice cream & milk blended with vanilla ice cream

RS 140

ICED MINT TEA	RS 40
SOFT BEVERAGES	Rs 25
FRESH LIME SODA /WATER (SWEET/SALT)	R s 45/40
WARM UP	
TEA / COFFEE	Rs 30
HORLICKS / BOURNVITA / HOT CHOCOLATE	Rs 50
BADAM MILK - COLD or HOT	Rs 50
TEA	Rs 40
Green Tea / Herbal Tea / Ginger Tea / Masala Tea Mint Tea / Honey Tea	/ Peach Tea /
BOTTLED WATER	Rs 20
CHATS	

MASALA / PANI / BHEL / DHAHI / SEV / SUKKA PURI	RS 80
VADA PAV	RS 80
DHAI PAPADI / PAPADI CHAT	RS 80
SAMOSA CHAT MASALA	RS 80
RAJ KACHORI	RS 80

.....

.....

ø

1

12











FOR YOUR KIND ATTENTION

Open from 6:30am to 10:30pm Breakfast served from 7:00am to 10:00am Lunch served from 12:00pm to 3:30pm Snacks served from 4:00pm to 6:30pm Chat served from 12:00pm to 9:00pm Dinner served from 7:00pm to 10:30pm

All Starters & Main Courses require a minimum of 20 minutes to be served. Food & Beverage from outside is strictly prohibited. All items mentioned are subjected to availability. All the prices are in Indian rupees. Government Taxes as applicable. Service Charges as applicable.

Management Reserves the Rights of Admission.



ARC SPORTZONE

Professional Coaching & Membership for all Sport Categories

#440/D, Hebbal Industrial Area, Behind Shubonini Convention Hall, Next to The Barge, Hebbal, Mysuru-570016 Contact Mobile No. 9945898981, 7411657205

